SUGGESTED ROUTE

**RONCESVALLES - PAMPLONA**

The Way of Santiago through Roncesvalles, the entrance to Navarre, is one of the most famous stages of the Way de Santiago. Roncesvalles was the site of the battle of 778, when the Moors of al-Andalus were defeated by Charlemagne's army. Roncesvalles is the starting point of the French Way.

**ESTELLA - LOGROÑO**

This stage is the first that enters the province of La Rioja. The pilgrim travels through the foothills of the Cantabrian Mountains and the Estrella Mountain Range.

**LOGROÑO - CARRIÓN DE LOS CONDES**

The Way of Santiago enters into Castile, passing through the province of La Rioja. This stage is characterized by the scenery of the Retortillo Mountain Range.

**CARRIÓN DE LOS CONDES - SANTO DOMINGO DE LA CALZADA**

The Way of Santiago passes through the province of Burgos, passing through the province of Palencia. This stage is characterized by the scenery of the Castile-León province.

**LEÓN - ASTORGA**

The Way of Santiago passes through the province of León, passing through the province of Zamora. This stage is characterized by the scenery of the Castile-León province.

**ASTORGA - PONFERRADA**

The Way of Santiago passes through the province of Asturias, passing through the province of Lugo. This stage is characterized by the scenery of the Castile-León province.

**PONFERRADA - Ó CEBREIRO**

The Way of Santiago passes through the province of Galicia, passing through the province of Ourense. This stage is characterized by the scenery of the Castile-León province.

**Ó CEBREIRO - SARRIA**

The Way of Santiago passes through the province of Galicia, passing through the province of Pontevedra. This stage is characterized by the scenery of the Castile-León province.

**SARRIA - PALAS DE REI**

The Way of Santiago passes through the province of Galicia, passing through the province of La Coruña. This stage is characterized by the scenery of the Castile-León province.

**PALAS DE REI - SANTIAGO DE COMPOSTELA**

The Way of Santiago passes through the province of Galicia, passing through the province of A Coruña. This stage is characterized by the scenery of the Castile-León province.

**SANTIAGO DE COMPOSTELA**

The Way of Santiago arrives at its final destination, the city of Santiago de Compostela, where the Way of Santiago began.
The French Way

The French Way begins in Puente la Reina, in the region of Navarra, and follows the Camino to San Sebastián and the Atlantic Ocean. It then proceeds northwards through Burgos, La Mancha, and the Castile-Leon region. After reaching the Ebro Delta, it continues through the Basque Country, crossing the Camino Francés near the border of Spain and France. The French Way is one of the most popular and scenic routes of the Camino de Santiago, offering stunning views of the Pyrenees and the Basque Coastline.

FRENCH WAY BY CYCLE

Cycle tours are available on the French Way, particularly between Le Puy-en-Velay and Arles. From Le Puy, you can reach Arles by bicycle, following the ancient Via Tolosana. The route then continues through the Auvergne-Rhône-Alpes region, crossing the French Alps and entering the Basque Country. The cyclists then follow the Atlantic coast to San Sebastián, completing the journey to Santiago.

HELPFUL TIPS FOR PILGRIMS

- Be sure to check the weather forecast and pack appropriate clothing. 
- Bring a comfortable pair of walking shoes with a good arch support. 
- Pack a lightweight raincoat and sunscreen. 
- Consider bringing a backpack for additional storage. 
- A water bottle is essential for staying hydrated. 
- Keep your passport and health insurance cards easily accessible.

BEYOND THE CAMINO

The French Way

The French Way is not just a journey, but an experience. Along the way, you can visit stunning medieval castles, such as the Château de La Rochefoucauld, and explore the vibrant cities of Chartres and Tours. You can also enjoy the local cuisine, including regional specialties like foie gras and coq au vin. The French Way is a true adventure, offering a unique blend of history, culture, and natural beauty.

THE GALICIA WAYS

The Galicia Ways

The Galicia Ways are a network of routes that connect the Atlantic coast of Galicia with the Camino de Santiago. These routes offer a unique experience, allowing you to explore the diverse landscapes of Galicia, from the rugged coast to the lush forests. The Galicia Ways are ideal for those who want to experience the Camino in a more relaxed and scenic environment.

THE WAY BY CYCLE

Cycling the Galicia Ways

Cycling the Galicia Ways is a great way to explore the region. You can rent a bike in the major cities, or bring your own. The routes are well-marked, and you can follow the Camino de Santiago through the Galician countryside. The cycling routes are designed for all levels of cyclists, from beginners to experienced riders. The Galicia Ways offer a unique opportunity to experience the Camino in a more active and immersive way.

Before starting the pilgrimage

Before starting to cycle, make sure you are prepared for your journey. Check your bike and make sure it is in good condition. Pack a repair kit and a first-aid kit. Bring a waterproof jacket and rain pants, and wear a helmet. The Galicia Ways offer a unique opportunity to experience the Camino in a more active and immersive way.